

Services & Rates

Acupuncture

\$60 per session

Acupuncture is one of the oldest, most commonly used forms of medicine in the world. Originating in China more than 2,500 years ago, acupuncture is currently one of the most thoroughly researched, practiced, and respected forms of complementary medicine available anywhere.



According to Traditional Chinese Medicine, your overall health is determined by the quality of the Qi (energy) flow through the natural pathways of your body (meridians). Acupuncture uses a variety of techniques, including placing very thin sterile needles into specific points on the body, to stimulate and improve your Qi flow. The many benefits of acupuncture include:

- Pain reduction
- Stress and tension relief
- Increased energy levels
- Stronger digestion
- Relief from bad habits and addictions
- Greater sense of overall health and well-being

