

Services

Moxibustion

Moxibustion is a Traditional Chinese Medicine technique that involves the burning of mugwort, a small, spongy herb, to facilitate healing and health. Moxibustion has been used for healing purposes throughout Asia for thousands of years. The purpose of moxibustion, as with most forms of Traditional Chinese Medicine, is to strengthen the blood, stimulate the flow of Qi (energy), and enhance your overall vitality and health.

Among other benefits, a landmark study published in the Journal of the American Medical Association in 1998 found that 75.4% of women suffering from breech presentations before childbirth had fetuses that rotated to the normal position after receiving moxibustion at an acupuncture point on the bladder meridian.

